**Comprehensive Health and Physical Education Implementation Planning**

The purpose of this pathway is to establish and promote rigorous, engaging, and standards-aligned comprehensive health and physical education (CHPE) in public schools from Preschool (PK) through grade 12. School districts are the unit of change toward creating rigorous, inclusive, and sustainable PK–12 CHPE.

**Key Grant Requirements/Expectations**

* Districts will develop and submit a district CHPE Implementation Plan.
  + **Note:** DESE anticipates offering optional facilitated CHPE Implementation Planning workshops in Winter/Spring 2025 to support districts to create, review and/or revise CHPE implementation plans, in addition to offerings beginning summer 2025.
  + District plans, among other things, will include opportunities that are culturally responsive, collaborative, equitable, and respectful of diverse languages, norms, and values to engage students and families throughout the selection and implementation of revised CHPE curriculum.
* Districts will have the option of applying to Personal Responsibility Education Program (PREP) as well. The purpose of this state and federally funded competitive grant is to enable districts to plan, implement, and sustain comprehensive sexual health education programs. This grant is administered in partnership with the Department of Public Health (DPH) and supported, in part, by the federal Personal Responsibility Education Program (PREP).
* Districts teams will perform an analysis of their CHPE standards coverage and gap analysis with their current curricula.
  + **Note:** Coaching support and technical assistance is anticipated to be available through DESE-pre-qualified vendor(s).
* Districts will select and engage in training related to CHPE curriculum to more fully align to the [2023 Comprehensive Health and Physical Education Framework](https://www.doe.mass.edu/frameworks/health/2023-09.docx).
  + **Note:** DESE has developed a [CHPE Curriculum Guide](https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fwww.doe.mass.edu%2Fstem%2Fchpe%2Fcurriculum-guide.docx&wdOrigin=BROWSELINK) to identify aligned curricula.
* District leadership will recruit and schedule teachers and other educators (coaches, directors, etc.) to participate in professional development, coaching and/or professional learning communities (PLCs). Offerings will be scheduled in summer 2025, school year 2025-2026, and summer 2026 based on needs identified by the cohort of grantees.
* District teams will work with the Department and its PD vendor(s) to identify, recommend and/or develop supports and resources to ensure that all students have opportunities to engage in comprehensive, well-rounded, inclusive, medically accurate, developmentally and age-appropriate educational opportunities that include physical education, health education, and the development of social and emotional competencies.

**Allowable Fund Use**

* Costs for substitutes and applicable travel for District Team members to attend grant-related DESE-sponsored PD, including coaching and/or planning that takes place during scheduled work time.
* Stipends and applicable travel for District Team members to attend grant-related PD, including coaching and/or planning that takes place outside of normal scheduled work time (including summer).
* Contract(s) with DESE-pre-qualified vendor(s) to support participation in DESE-sponsored PD (Summer Institute, including related coaching, and associated materials. See below for more details)
* Materials and supplies, to support implementation of district-selected curricula. (Maximum 15% of total grant request)
* Stipends for the District Team Point of Contact for work outside of regular contracted hours, if applicable. The District Team Point of Contact maintains the plan and other grant artifacts in an accessible location, collects and reports data, and manages communication with DESE and the DESE pre-qualified PD provider.

**Funding**

Eligible districts can apply for **up to $55,000**, a portion of which must be budgeted to fund professional development and coaching offered through the DESE-selected vendor. Districts opting to participate in the PREP initiative can apply for **an additional $25,000** (\*Note: This will be budgeted separately. Funds will be upon approval – June 30, 2025. Pending appropriation and the meeting of grant requirements, districts may be eligible for continuation grant(s) in Fiscal Year 2026). See details below.

**Vendor Set-Asides**

Applicants **must** budget the following that will go directly to the selected approved vendor(s):

* **$25,000 (flat rate) to Lighthouse Wellness and Health Education Consulting, Inc**, DESE’s selected vendor to coordinate and/or deliver summer (and/or school year) professional development, coaching and site visits, coordinate PLC(s), and provide associated materials.
* **$5,000 (flat rate) to a DESE-selected vendor** to support the evaluation of FC 0128 activities. *DESE is in the process of approving one or more vendors with which grantees under this category will work to support evaluation-related activities.*
* ***(For applicants applying for PREP)* $10,000 (flat rate)** to **Lighthouse Wellness and Health Education Consulting, Inc,** DESE’s selected vendor to coordinate and support specific PREP-related activities, including statewide and targeted district training, coaching, observations, and provide associated materials.